

King Solomon High School Newsletter

13 September 2024, 10 Elul 5784



Dear Parents and Carers

Welcome to our first newsletter of the year.

The new academic year at King Solomon High School is off to a brilliant start. I have visited lessons every morning and have been highly impressed with the excellent behaviour and learning I have seen. I have been greeting students at the gate each morning and the vast majority have arrived at school on time and in full uniform. Students have returned to school with positivity and enthusiasm, and many have let me know how happy they are with their teachers and lessons this year.

This week, Mrs Juggler and I have been leading assemblies for year 7-11. Mrs Juggler led the thought for the week (Tefillah - Hebrew for prayer) and I spoke to students about what it means to be successful and the importance of having a vision for their future. Rabbi Sufrin was back at KS this Thursday, leading the weekly shacharit (morning prayer) service. We are deeply thankful to Rabbi Sufrin for the Jewish light and joy he brings to our school each week, and for being such a supporter of the school.

Our lovely new Year 7 students are settling in well, thanks to excellent leadership from Ms Liu and Ms Aaronson, alongside the Year 7 form tutors, subject teachers, and support staff. We are very proud of our new Year 7 cohort.

You will know from the letter sent to you by Mrs Rose and Mr Westbury, our Co-Chairs of Governors, that we have had the entrance to the school refurbished, so that visitors and staff are met with a professional entrance to the school, reflecting our vision to be a world class educational establishment. I am especially grateful to our business management team, care takers, admin staff and IT team who have worked exceptionally hard to support this refurbishment process. A very special thanks goes to Jon Laslett and Roy Monroe, our two care takers, who spent the entire summer moving furniture and supporting the builders.

Our new teachers who joined us from overseas are settling in well and have given excellent feedback on how supported they feel at King Solomon High School.

Next month (Jewish month of Tishrei) the Jewish community will be welcoming in several Jewish festivals. These are Rosh Hashanah (The Jewish New Year), Yom Kippur (The Day of Atonement), Sukkot (Feast of Tabernacles) and Simchat Torah (Joy of the Torah). Mrs Juggler and the Jewish Studies team are in the process of planning our celebrations for these festivals. Simchat Torah will have even greater significance this year as we will also commemorate the one-year memorial of the devastating attack by Hammas on Israel. This occurred on the 7th October 2023, the eve of Simchat Torah, where 1139 people were horrifically murdered and 251 hostages were taken. This attack has had a calamitous impact across several communities locally and internationally. This shocking attack occurred four weeks into my Headship at King Solomon High School, but the strong community cohesion, diversity and inclusion of our Orthodox Jewish School community, has been provided immense strength and support during this difficult time. The Jewish High Days and the weeks leading up to these festivals, are a period of spiritual reflection, repentance and forgiveness. Here at King Solomon High School, we will continue to promote and pray for peace and the end of all suffering, and we will continue to hold on to what unites us.

Please take note of all the days that the school is closed for Jewish Holidays. These dates can be found here on our website or further on in our newsletter.

My second year of headship at King Solomon High School will focus on embedding, growing and nurturing all the new systems, procedures and staff we have worked so very hard to put in place. There are also further developments that will be rolled out over the course of the year, as we continue our school improvement journey. I am blessed to be supported by a high performing Senior Leadership Team who share my relentless dedication to the school and to our wonderful students. All of our teaching and support staff have started the year with optimism, focus and smiles.

Thank you to parents and carers for supporting your children to be such delightful members of the King Solomon High School Community. Thank you also to those of you who sent positive emails and supported the school last year (please keep this going!). We welcome all kindly worded and considered feedback (info@kshsonline.uk), and we strive every day to be better than the day before.

Wishing you all Shabbat Shalom and a lovely weekend.

Ms Phillips

Headteacher

Community Fundraising



At the end of July, year 9 student Aaron Blitz completed a charity walk as part of his Barmitzvah project. His aim was to raise £1,300 with the number 13 being symbolic of his Barmitzvah. He was able to hit his fundraising target but spent the rest of the summer continuing to raise funds. By the end of the summer, Aaron had raised a staggering £8000, which was donated to local charity Haven House Childrens Hospice. Aaron was then given the opportunity to visit the hospice to see see how the money he raised would be spent and the amazing impact it would have.

Congratulations to Aaron on his outstanding contribution to the local community!



Important Dates

Open Evening	Thursday 26 th September - School ends at 12.20pm
Rosh Hashanah	Wednesday 2 nd October 2024 - School ends at 1.25pm Thursday 3 rd & Friday 4 th October 2024 - School closed
Sukkot	Wednesday 16 th October 2024 - School ends at 1.25pm Thursday 17 th & Friday 18 th October 2024 - School closed
Half Term	Monday 21 st - Friday 28 th October 2024

PE Bulletin

Football trials are taking place next week. Please find the dates below:

Year 7/8/9 Boys Football Trial	Monday 16th September	3:20 - 4:10pm
Year 10/11 Boys Football Trial	Thursday 19th September	3:20 - 4:10pm

All students should meet at the sports hall and bring their full PE kit including football boots and shin pads to get changed into.

The trial will run from 3:20 - 4:10pm. Students will then exit the site via the Forest Road exit.

There is no sign-up required, students can just turn up to the trial and play.

Welcoming our new Year 7s to King Solomon High School



We are delighted to welcome the newest members of our school community as they begin the next chapter in their education journey. Students began with two packed induction days where they were given their timetables, met their form tutors, had a guided tour of the school and got to experience some of the exciting opportunities King Solomon High School has to offer.

All the students seemed to embrace the start of term with positivity and enthusiasm. We wish them all the very best of luck as they embark upon their secondary school journey.

Attendance

King Solomon High School is committed to ensuring that students and families understand the absolute importance of full attendance at school. Absence has a detrimental effect on a student's academic progress; indeed, it is the greatest determinant of under-achievement at all phases. Poor attendance or sporadic absences may also be an indicator of underlying issues that need resolving either inside or outside of the school.

Every student in the school should be aiming for 100% attendance over the course of the academic year. If your child is going to be absent, parents and carers must contact the school by 8:00am or as soon as practically possible by contacting the school admin office through reporting it on synergy gateway to report an absence.

Parents and carers must report their child's absence through Synergy. If you can't access, you can phone the school on 020 84981313.





Welcome to New Members of Staff

Mrs Debbie Juggler



My name is Debbie Juggler, and I am delighted to be writing to you to introduce myself as KSHS' new deputy headteacher. I have come to KSHS from JCoSS in Barnet where I taught for eleven years and was a member of the Senior Leadership Team for six years. Over those years I have led a faculty that has been rated Pikuach outstanding on two consecutive occasions and led trips to Israel, Poland and the USA. I have been preparing to take on this role since January and have enjoyed many visits to KSHS to meet with students and members of the Senior Leadership Team and Jewish Studies department. Each time I have left the building with a sense of warmth and purpose, and this has continued as I have met students across the year groups and members of the wider staff

body. In my assembly last week where I introduced myself to the students, I told them about King Solomon. King Solomon is seen as ancient Israel's wisest King who was able to unify warring tribes and lead them as one nation. This very much mirrors my vision for King Solomon. As community relations across Britain are increasingly tense, KSHS can provide an opportunity to show the community how diversity can work. We teach our students accept and respect difference and that whatever a student's faith or ethnicity, each student deserves to learn, be safe and be happy at school. I look forward to working with you and your children this year.

Miss Joy Mallach



My name is Joy Mallach, I have been working within the education sector since 2007 after leaving an education role at Woburn Safari Park. I have worked with children in the early years, primary school and now secondary school. Within my education career I have been in class, been a welfare officer and now I have taken on my first role as a Librarian.

I love working with children and seeing them learn from the environment and teachers. I am passionate about reading and want to help support others on their journey. My aims for the library are to make it outstanding, to bring it to life with books and resources that are up to date and accessible for everyone. I hope to start a reading club

soon that will encourage and welcome everyone to develop their interest in reading.

I was one of the first cohort of students when King Solomon High School opened the 6th form. I am an identical twin, and you may see us together in the community, so try not to get confused!

Mr Lucien Chance



My name is Lucien Chance, and I teach English and Media Studies.

I am a newly qualified teacher and am greatly passionate about film literature and poetry.

My hobbies outside of school include watching films, reading, gaming, playing Dungeons & Dragons and board games.

A fun fact about me is that I have four younger brothers! The youngest just sat his GCSE's last year.

I hope to be a positive and encouraging teacher who helps their students achieve their best.

PaJes Wellbeing Event - Our Children and Smartphones

PaJeS are delighted to offer an online session to parents and carers of Primary school children and those in Year 7 which will take place on 24th September at 8pm.

Educational Psychologist Dr Gemma Handelsman, together with Consultant for Wellbeing, Learning and Digital Habits, Beth Kerr, will offer their understanding of the current research and provide practical tips on how to navigate and manage the complexities of parenting this generation. This is a non-judgmental space for parents to feel more empowered and able to make informed decisions.

Sign up here: https://pajes.org.uk/training-and-events/our-children-and-smartphones/



Redbridge School Streets Programme

Creating a greener, safer and healthier Redbridge

Redbridge Council is proposing a School Street at Wohl Ilford Jewish Primary School, King Solomon High School and Redbridge Alternative Provision to enhance the safety and well-being of students on their school journey.

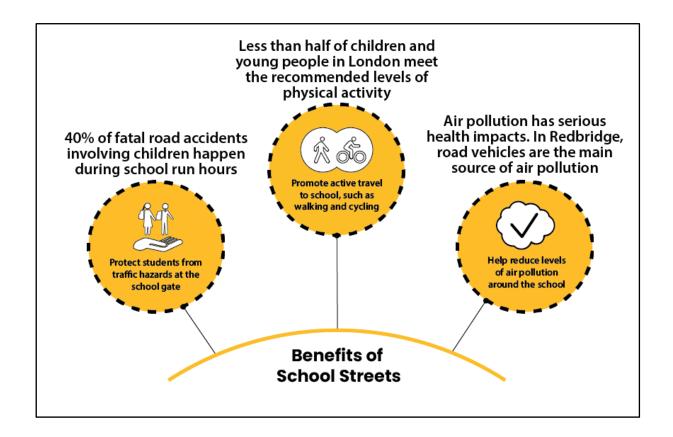
Designated roads around the schools would be closed to vehicles at the start and end of the school day, during term time only. For more details on the proposed School Street, please visit the **consultation webpage**.

Have your say

The Council would like to hear your views on the proposed School Street at Wohl Ilford Jewish Primary School, King Solomon High School and Redbridge Alternative Provision.

To respond to the public consultation please fill in survey on the <u>consultation webpage</u> by Monday 21 October 2024.

For questions or to request a paper copy of the survey, email schoolstreets@redbridge.gov.uk.



Redbridge

Programme

Student medical needs

If your child needs to take regular medication in school, please request a Medicines Consent Form from the Admin office to give the school consent to administer medication to your child.

All medications that are kept in school must be stored in the medical room.

Safeguarding Contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at King Solomon High School, please contact the school on 020 8498 1331 or email the DSL at safeguarding@kshsonline.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Redbridge Children's Multi-Agency Safeguarding Hub (MASH) on 020 8708 3885, and all the police on 999 straight away.

Helpful numbers and websites

• Childline: 0800 1111

• NSPCC Helpline: 0808 800 5000

• The Police: (if you are in danger): 999 • LGBT Switchboard: 0300 330 0630

Kooth: www.kooth.com - support service for student's wellbeing

Multi Agency Safeguarding Hub (emergency team): 020 8496 3000

Barnardos: 0800 008 7005

Let us know . . .

- If you feel upset or worried about anything at all (even if you think it is not important)
- If you feel anxious or unable to cope
- If someone has hurt you physically, emotionally, or mentally.
- If you feel upset or worried about anything at all (even if you think it is not important)
- If you feel worried about someone at home
- If you are being threatened or forced to do things
- If someone has done something to you without your consent
- If you feel unsafe in school, at home or on the streets
- About anything else worrying you

Mental Health and Wellbeing

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health, please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.



Shout offers confidential 24/7 crisis text support for times when immediate assistance is required

Text "SHOUT" to 85258 or visit
Shout Crisis Text Line

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support Call: 116 123 or email: io@samaritans.org

Crisis

Crisis Tools helps professionals support young people in crisis short accessible video guides and text resources Sign up for free resources here

PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight – 365 days a year)

childline

Childline confidential telephone counselling service for any child with a problem

Call: 0800 1111 anytime or online chat with a counsellor

Urgent and other support available

Good .:. Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps



The Mix provides free, confidential support for young people under 25 Call: 0808 808 4994 (11am – 11pm every day) or Email



Beat provide support to help young people who may be struggling with an eating problem or an eating disorder Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am – 8pm during the week and 4pm – 8pm on weekends and bank holidays)

keeth

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a 24/7 crisis line for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline

NHS

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590