

# King Solomon High School Newsletter

25 November 2024, 24 Cheshvan 5785



Dear Parents and Carers

I hope you are all safe and well following the stormy weather over the weekend.

## Return to a full timetable

I am delighted to announce that on Monday the 9th December we will be returning to our full timetable. A significant amount of hard work and commitment has gone into recruiting teachers and creating a calm and purposeful start to the year.

From Monday 9th December

- All year groups will finish school at the usual time of 3.20pm.
- We will return to morning form time, for 20 minutes each day (Monday-Thursday).
- Spanish lessons for Year 7-9 will return to 4 periods a fortnight.

Students will receive their new timetables on the morning of the 9th December, during an extended form time session. The timetables will then be visible for parents to view on the Synergy app.

Thank you to parents and carers for your patience and understanding, and I hope this news is reassuring for everyone.

### **Year 11 and Year 13 mock exams**

Today is the start of the second week of Year 11 and Year 13 mock exams. I have been very impressed at the positive attitudes and behaviour from our students during the first week of the mock exams. Students have come out of most of their exams feeling positive and feeding back that they were well prepared for their exams.

We are always keen to hear students' and parents' feedback, to help us continue to grow and develop. Mrs Juggler will be sending out a survey to Year 11 and Year 13 students and parents to gather feedback on how we can further improve the mock preparation process for students.

Mock exam results will be released to Year 11 and Year 13 students in a results day style event on Thursday 19th December in the afternoon. As this event is taking place, mock results reports will be sent to parents and carers.

### **Punctuality**

Lateness to school is sometimes unavoidable and we exercise leniency when we know there are local issues with road works etc. However, we still have far too many occurrences of lateness to school. This has a significantly negative impact on learning and we urge all parents and carers to do all they can to ensure their children leave home extra early, to avoid being late to school. Traffic and road issues need to be built into students' travel plans.

### **Uniform**

Students uniform is much improved this year, and we are thankful to parents and carers for their support with this.

Please can I remind parents and carers that the following items are not permitted in Years 7-11 and we will sanction students who do not follow our uniform policy.

Items not permitted

- Nose piercings, even clear plastic nose studs.
- Fake eyelashes.
- Brightly coloured dyed hair.
- Jewellery (apart from one stud in each ear and one small religious symbol worn around the neck).
- Obvious make-up and any lip gloss or lip tints.

## Healthy relationships awareness week

This week is 'healthy relationships week' where students will be having assemblies on what makes a healthy relationship and how to identify and get support with an unhealthy relationship. Students will also be taught about 'consent' in an age-appropriate manner.

Wishing you all well and thank you for your support.

Ms Phillips

Headteacher

## Parasha Reflections - Mrs Juggler

In synagogues last week, we read of the death of Abraham's wife, Sarah. We do not know how she dies, only where she died and the age in which she passed. Rashi, the medieval commentator suggests that Sarah dies after hearing that Abraham almost sacrifices her beloved son. The portion then goes on to describe Sarah's burial and moves on swiftly. Abraham buys a piece of land to bury Sarah, and this piece of land is recorded as being in Hebron. Today the city of Hebron is a bustling town in the West Bank. The Tomb of the patriarchs in the city centre is believed to be the site where Abraham and Sarah are buried and is considered a sacred site for the monotheistic faiths. It also serves as a reminder that ancient text and faith continues to play out in the lives of Israelis and Palestinians in the city of Hebron which remains divided and the centre of much tension and violence.

As a child in the 1980's, I was fortunate enough to visit this site. Unaware of the politics and division, the vision of Muslims and Jews praying alongside each other at a site of dual importance had a profound effect on me and convinced me that these two groups of people could coexist and live peacefully alongside each other.

As the war and division in the Middle East shows no sign of ending, I try to hold on to this view and in spite of all the darkness that surrounds us, there are still moments of light in watching our students of different faiths work and learn together.

Shavua tov! Wishing you all a good week.

## Term Dates

**Last Day of Autumn Term** - Friday 20<sup>th</sup> December (Early closure 1:20pm)

**Winter Holiday** - Monday 23<sup>rd</sup> December 2024 - Monday 6<sup>th</sup> January 2025

**INSET Day** - Monday 6<sup>th</sup> January 2025

**First Day of Term** - Tuesday 7<sup>th</sup> January 2025

## Mock Exams

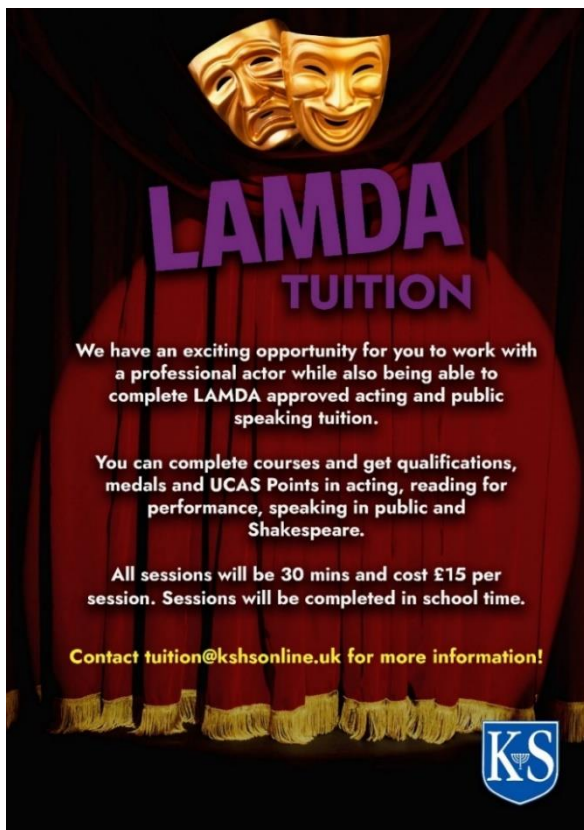
GCSE WINTER MOCKS 2024 - EXAM TIMETABLE					
	Monday 25/11	Tuesday 26/11	Wednesday 27/11	Thursday 28/11	Friday 29/11
Session 1 8:50am - 10:35am	GCSE English Literature Paper 1 (1hr45mins)	GCSE Maths Paper 2 (Calc) (1hr30mins)	GCSE Physics Paper 1 (1hr45mins)  GCSE Combined Physics Paper 1 (1hr10mins)	No GCSEs	No GCSEs
Session 2 11:45am - 1:30pm	GCSE RS Paper 1 (1hr10mins)	GCSE Music (1hr15mins) GCSE PE Paper 1 (1hr) Cambridge National Sport (30mins)	GCSE Spanish Writing (1hr20mins)	No GCSEs	No GCSEs

A LEVEL WINTER MOCKS 2024 - EXAM TIMETABLE					
	Monday 25/11	Tuesday 26/11	Wednesday 27/11	Thursday 28/11	Friday 29/11
Session 1 8:50am - 10:35am	A Level Geography Paper 2 (1hr30mins) A Level Sociology Paper 2 (1hr)	A Level Psychology Paper 2 (1hr30mins)	No A Levels	A Level Maths Paper 3 Mechs & Stats (2hrs)  A Level Sociology Paper 1 (2hrs)	A Level Spanish Written Response (2hrs40mins)  A Level Product Design (2hrs30mins)
Session 2 11:45am - 1:30pm	A Level Biology Paper 2 (1hr30mins) A Level Media Paper 2 (2hrs)	A Level Drama (2hr30mins) A Level Physics Paper 3 (2hr30mins)	A Level Spanish Listening, Reading & Translation (2hrs) A Level History Paper 3 (45mins)	A Level English Literature Paper 1 (2hr15mins) A Level Chemistry Paper 3 (2hr30mins)	Paper 3B and 3C Further Statistics 1 & Further Mechanics 1 (1hr30mins)

## Clubs - 2024/2025

Name	What will this involve?	Year Group	When	Location	Teacher
<b>Design and Tech</b>	Develop students' practical skills and ambition for Design and Technology through supportive, project-based learning	All years	Tues, Wed and Thursdays lunch	DT Workshop	Mr Porpiglia
<b>Computer Science Upskilling</b>	Catch up missed content and upskill programming concept	Year 11	W1 Monday lunch	125a	Mr Halder
<b>Colouring for fun</b>	Express themselves through colour and creativity. Students will learn to let go of perfectionism, embrace progress as the goal, and be open to learning from their mistakes	All years	Every Monday lunch	111	Mx Ibbetson
<b>Drama Pharmacy</b>	To gain one on one experience, develop your talents, see best practice, master a craft and ignite a spark	All years	Every Wednesday lunch	012	Miss Coggin
<b>Mindfulness</b>	Learning strategies to improve mindfulness and positive thinking	All years	Every Tuesday lunch	004	Miss Slatter
<b>Glee Club</b>	Singing and performing at school events	All years	Every Monday lunch	011	Miss Daniels
<b>Mindful Colouring</b>	To enjoy a calm, peaceful environment whilst producing some therapeutic artwork	Years 7,8 and 9	W2 Wednesday lunch	021	Ms Testler
<b>The Behaviour Bureau</b>	Introduction to basic psychological concepts and the science of human behaviour. Simple, engaging activities to foster curiosity about how the human mind works	All years	W1 Monday lunch	103	Mrs Malah
<b>Art Club</b>	To have a fun lunchtime art experience, being hands on, experimenting with different media and materials whilst creating original pieces of art, hand made by you	Years 7 and 8	Every Thursday lunch	117	Miss Turner
<b>Netball Club</b>	For students to have the chance to learn crucial skills to play netball and to take part in matches both within and outside school	All years	Every Monday after school	Sports Hall	Ms Van Graan
<b>Volleyball Club</b>	For students to have the chance to learn crucial skills to play volleyball and to take part in matches both within and outside school	All years	Every Wednesday after school	Sports Hall	Ms Anghel
<b>Maths Club</b>	<ol style="list-style-type: none"> <li>1. Assistance in maths homework</li> <li>2. Place to revise/prepare for exams</li> <li>3. Complete extra Sparx tasks</li> </ol> Help provided by a maths ambassador with teacher support	All years	Every Monday lunch	020	Maths department
<b>Chemistry GCSE revision and homework</b>	GCSE catch up revision and homework opportunity	Year 10 and 11	Every Monday and Tuesday lunch	112	Science department
<b>History GCSE revision and homework</b>	GCSE catch up revision and homework opportunity	Year 10 and 11	Every Thursday lunch	102	History Department

## Performing Arts - Tuition Opportunities



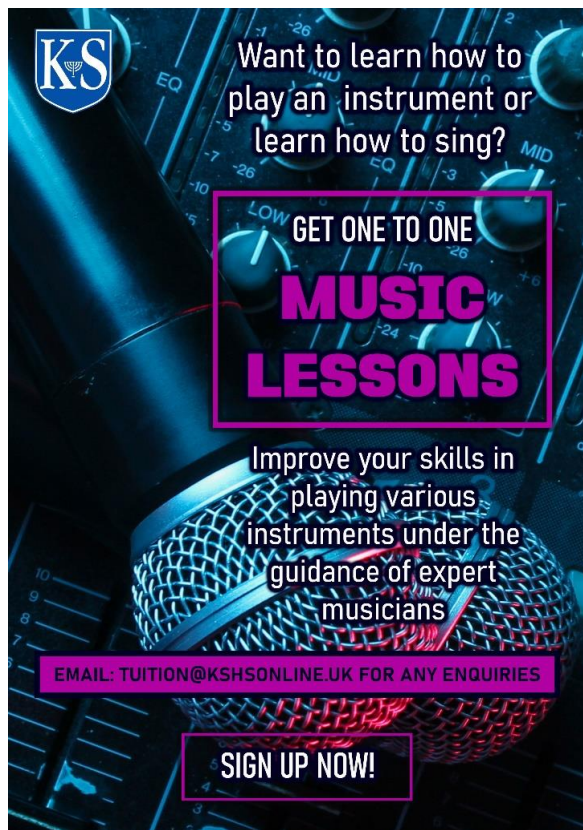

**LAMDA  
TUITION**

We have an exciting opportunity for you to work with a professional actor while also being able to complete LAMDA approved acting and public speaking tuition.

You can complete courses and get qualifications, medals and UCAS Points in acting, reading for performance, speaking in public and Shakespeare.

All sessions will be 30 mins and cost £15 per session. Sessions will be completed in school time.

Contact [tuition@kshsonline.uk](mailto:tuition@kshsonline.uk) for more information!




Want to learn how to play an instrument or learn how to sing?

GET ONE TO ONE  
**MUSIC  
LESSONS**

Improve your skills in playing various instruments under the guidance of expert musicians

EMAIL: [TUITION@KSHSONLINE.UK](mailto:TUITION@KSHSONLINE.UK) FOR ANY ENQUIRIES

**SIGN UP NOW!**



## Science Museum Trip - Year 8

### Reminder

We would like to remind all year 8 parents and carers that we will be taking your child to the Science Museum as part of their first cultural capital trip of the year.

This is a polite reminder for all parents of year 8 students to kindly pay the £3 fee on Scopay.

Please see the allocated dates below for your child's form class:

**9th December 2024 - 8G, 8K and 8M**

**11th December 2024 - 8P, 8Z and 8A**

## Mitzvah Day - Competition



# Mitzvah Day 2024



### **COMPETITION TIME**

This Sunday 24th November it will be Mitzvah day. The Hebrew word 'mitzvah' means commandment and is the term used in Judaism to describe someone doing a good deed.

We would like you to do a good deed this weekend, just because you can, and then email us what you did with photographic or written evidence.

Maybe you will get some shopping for someone, help a friend with their homework, help tidy up at home, buy someone some flowers!

The best deeds, will win a prize but we need evidence!



Please send your entries to [nspurling.317@kshsonline.uk](mailto:nspurling.317@kshsonline.uk) by Sunday 24th November.



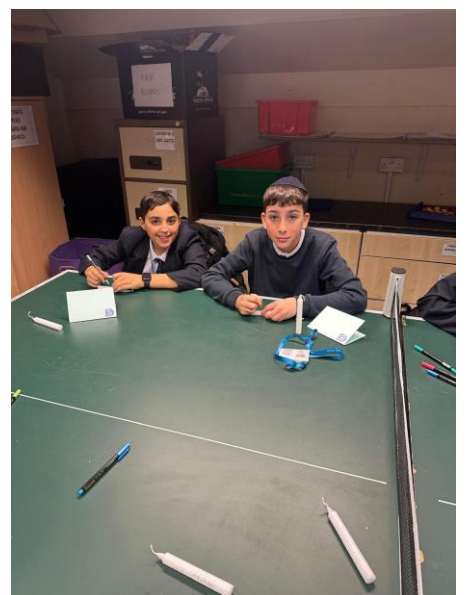
**Remember a good deed goes a long way!!!!**



As mentioned, Sunday 24th November was Mitzvah Day and at King Solomon High School, our students from years 7-9 have been working hard in the Kehila lounge during their lunchtimes, decorating Shabbat candles and writing Shabbat cards (see pictures on the next page).

These were all delivered to residents at local care homes run by the charity Jewish Blind and Disabled. We can't wait to see what other Mitzvah's they got up to over the weekend!







## Enrichment Programme

### Year 9 Design and Technology Enrichment - 3D Design

This term, as part of their Design and Technology Enrichment Programme, Year 9 students have been working on their 3D design/modelling skills. They have completed a number of different projects, but the mini house model project has definitely been their favourite so far.

The skills they have acquired throughout the programme could be used at GCSE Level and have helped them to produce some excellent outcomes (pictured below.)



## House of Lords Built Environment Committee Inquiry

The House of Lords Built Environment Committee has launched an inquiry into the Grey Belt in England. The inquiry seeks to gain a better understanding of what Grey Belt land is, how it can contribute to housing targets, and what sustainable Grey Belt development looks like.

The new Government has set itself a target of building 1.5 million homes in five years, and to meet the increasing housing demand, they have proposed revisions to the National Planning Policy Framework (NPPF) and has consulted on a process for releasing Green Belt land. This includes creating a new designation of “Grey Belt” land: “land in the Green Belt comprising previously developed land and any other parcels and/or areas of Green Belt land that make a limited contribution to the five Green Belt purposes.”

Year 10 students participated in the Inquiry by providing information to serve as evidence for the Committee to better understand what Grey Belt land is, how it can contribute to housing targets, and what sustainable Grey Belt development looks like. Also, how the Government and local authorities might identify Grey Belt areas thought suitable for development and how to ensure new homes are facilitated by the necessary infrastructure and local amenities.

Well done to the following students who participated in the inquiry:

**Ashriya Bhatia, Sashanth Sajith Nambiar, Jennifer Beirao and Maria Valter.**



## National Poetry Day - Competition



*National Poetry Day*  
3rd October 2024  
**Competition Time!**

A winner from each year group will be chosen and each winner will receive a prize voucher

**How to enter:**  
Create an acrostic poem for the word 'READ'  
Submit this either in person to the library or email [jmallach3.317@kshsonline.uk](mailto:jmallach3.317@kshsonline.uk)  
**Deadline: 3rd October 2024**

The poster features a blue shield with 'KS' and a quill pen on a scroll, surrounded by colorful dots and diamonds.

We are thrilled to announce the winners of this year's School Poetry Competition. The student's creativity, passion and talent shone through in their acrostic poems. Each poem brought a unique perspective, beautifully capturing the art of reading. We are incredibly proud of our students for their hard work and dedication to the art of poetry.

A special congratulations goes to the winners for their outstanding contribution to this year's competition. Each of the winners were presented with a certificate in assembly and a voucher for their hard work.

**Sanjana Bassi** - Year 13

**Saurik Das** - Year 10

**Taha Nasir** - Year 10

**Esther Ogungbemi** - Year 11

**Halle Mudamburi** - Year 11

Your words have inspired us all, and we can't wait to see where your creativity takes you next!

## Get to know

### Miss Amina Yousaf



Hi, my name is Amina Yousaf. I am a behaviour administrator and have worked at King Solomon High School since January 2024.

Working in the behaviour team is truly like nothing else. It's fast paced, keeps us on our toes, and we are thoroughly exhausted by the end of each day, yet there is so much value in the work that we do as a team. Whilst I mainly oversee the paperwork behind permanent exclusions, suspensions, internal exclusions etc, as we are a small knit team, myself, Mrs Milan and Ms Jeffers often rally together to keep things running smoothly. Whilst we do have to tackle serious incidents, I think the best part of the job is knowing that the work we do with every student can and does have a real impact on their lives. Having the opportunity to get to know the

students and encourage them to make improvements is a wonderful feeling; as the famous quote goes, "There's no such thing as a bad kid".

Outside of school, most people know that I am an avid gym goer. I enjoy lifting weights and have been doing so for the past two and a half years. My older brother encouraged me to start, and I think it has been one of the best decisions I have made. It is so great for not only physical wellbeing but for mental wellbeing as well. It also gives you a chance to reflect and make better life choices for your health.

In terms of interests, I enjoy watching all sorts of sports, in particular Formula 1 - huge Ferrari fan - and I have also loved watching professional wrestling since I was a young girl. In the summer, I had the chance to go to a live wrestling event at Wembley and the experience of the crowd was unreal.

An interesting fact about me is that I can read and write in Korean. I learnt how to do this when I was 14 and it took me only two days! It is actually not that difficult.

My hopes and ambitions for the future are to have the opportunity to grow and develop within the behaviour team. I love working with the students, so I hope to progress in a way that allows me to have an even greater impact on their lives.

## Mrs Natalie Pointon



Hello, I am Natalie Pointon, and I am the Head of Maths here at King Solomon High School. I have been at the school for 8 years and been in my current role for just over a year now. I have always enjoyed studying maths but said I never wanted to be a teacher. However, after university I went travelling across New Zealand and Australia and it was during this time I realised teaching was the only thing I wanted to do, and I haven't looked back since.

I began my teaching career 19 years ago in Birmingham where I completed both my master's degree in maths and my teacher training at the University of Birmingham. I returned to London and have worked in Redbridge and Enfield schools ever since. There are so many reasons why I love my job, but the best part is seeing students succeed in some way in maths, whether that means passing their GCSE or going on to study it at university. I hope that I can impart even some of my enthusiasm and love for the subject onto all the students I teach.

Outside of school my time is mostly taken up with my children's busy lives but when I do get some time to myself, my two other passions are Tottenham Hotspur Football Club and horse-riding. Since I could walk, I have been dragged to football matches and I now have the 'pleasure' of taking my own children to watch Spurs play. I have been a keen horse rider for many years, and I also volunteer at Chigwell Riding Trust. This allows me to work with both horses and children. Seeing children with various disabilities develop physically and emotionally through horse riding is an absolute pleasure and privilege.

My hopes for the future are to continue working within the wonderful community here at King Solomon, making a difference to the lives of the brilliant students that walk through our doors.

## Safeguarding Contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at King Solomon High School, please contact the school on 020 8498 1331 or email the DSL at [safeguarding@kshsonline.uk](mailto:safeguarding@kshsonline.uk). This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Redbridge Children's Multi-Agency Safeguarding Hub (MASH) on 020 8708 3885, and all the police on 999 straight away.

## Helpful numbers and websites

- **Childline:** 0800 1111
- **NSPCC Helpline:** 0808 800 5000
- **The Police:** (if you are in danger): 999.
- **LGBT Switchboard:** 0300 330 0630
- **Kooth:** [www.kooth.com](http://www.kooth.com) - support service for student's wellbeing
- **Multi Agency Safeguarding Hub (emergency team):** 020 8496 3000
- **Barnardos:** 0800 008 7005

## Let us know . . .

- If you feel upset or worried about anything at all (even if you think it is not important)
- If you feel anxious or unable to cope
- If someone has hurt you physically, emotionally, or mentally.
- If you feel upset or worried about anything at all (even if you think it is not important)
- If you feel worried about someone at home
- If you are being threatened or forced to do things
- If someone has done something to you without your consent
- If you feel unsafe in school, at home or on the streets
- About anything else worrying you

## Student medical needs

If your child needs to take regular medication in school, please request a [Medicines Consent Form](#) from the Admin office to give the school consent to administer medication to your child.

All medications that are kept in school must be stored in the medical room.

## Mental Health and Wellbeing

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health, please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.



## Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place a 24/7 crisis line for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder ([link below](#)) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>



Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590