King Solomon High School Newsletter

31 January 2025, 2 Shevat 5785

Dear Parents and Carers

Over the last two weeks we have had a variety of events to commemorate Holocaust Memorial Day.

We were visited by Holocaust survivor Ivor Perl, Hephzi Rudovsky, daughter of Holocaust survivor Lady Zahava Kohn and Michael Bibring, son of Holocaust survivor Harry Bibring who fled to Britain during the war on the Kindertransport.

We were also very proud of **Lily Miller**, **Alex Keller**, **Noa Rosenbloom** and **Zachary Poole** who represented King Solomon High School at Loughton Memorial on Sunday 26th January.

Holocaust Memorial Day commemorates the 6 million Jewish people murdered by Nazi Germany during World War II. In addition to singling out Jewish people for complete annihilation, the Nazis targeted for discrimination and persecution anyone they believed threatened their ideal of a 'pure Aryan race'. Several millions of people such as Jehovah's Witnesses, Roma people, gay people and people with disabilities were also murdered by Nazi Germany.

As a Jewish woman, the child of a refugee mother and the Headteacher of this wonderful Jewish school, I was beyond proud to attend the Holocaust Memorial Day event in Valentines Park on Monday 27th January. I was joined by Mr Walmer, Mrs Spurling and Ms Aaronson. Students from Clore Tikva and WJIPs gave moving readings. We were delighted that King Solomon's very own Year 13 student leadership team spoke at the event with pride, poise and purpose. These wonderful young people are role models for our school's values, and they represent a future of hope.

With special thanks to the Year 13 Student Leadership Team **Ava Rose**, **Joshua Saltman**, **Ethan Clerck** and **Daniella Vajushi.**

I would like to give a special mention to Rabbi Sufrin who represented the Jewish community of Redbridge at the Holocaust Memorial Day event. Rabbi Sufrin's words were inspiring and moving, as he referred to the rain that poured down on the event as 'the tears of angels'. Rabbi Sufrin talked about the need to keep learning from the lessons of the Holocaust, especially with the recent rise of antisemitism. Rabbi Sufrin led prayers, and said Kaddish, the Jewish prayer for the dead. We are truly blessed to have such an eloquent, inclusive and collaborative Rabbi in our local community.

We also had the honour of being addressed at Monday's event by the Mayor of Redbridge, Councillor Sheila Bain, Leader of the Council Kam Rai and MP for Ilford North, Jas Athwal. Oaks Lane Reform Synagogue graced the audience with singing from their choir. The Rt Honourable Wes Streeting, MP for Ilford North and Secretary of State for Health and Social care, was also in attendance.

I would like to thank the London Borough of Redbridge and the local community volunteers, including Ms Shutz, for arranging and hosting such an important event. Thank you also to the local police and security teams who made everyone feel safe.

Holocaust Memorial Day is a time to also reaffirm our commitment to the values of respect, freedom, diversity and inclusion, which must be preserved and promoted for the future of humanity and peace. We must stand up to those who locally, nationally and internationally seek to divide us with hate speech, division and fear. We must all pledge from the bottom of our hearts **'Never Again'.**

Shabbat shalom and have a lovely weekend.

Michele Phillips

Headteacher

Parasha Reflections - Mrs Juggler

This week in synagogue we read Parashat Bo which describes the last three of the Ten Plagues, Locusts, Darkness and Death of the Firstborn. Throughout each of the plagues the Torah tells us that Pharaohs heart is hardened. What does it mean to have a hard heart? Does it mean that you lack empathy? Was Pharoah's heart hardened because he was blind to the suffering of his own people? There are many leaders across the world that are completely blind to the suffering of others. Whilst watching the news I have watch the families of the Israeli hostages waiting for the return of their loved ones and watched Palestinians in Gaza waiting to return to their home, it is easy to see how leaders are blind to the suffering of their people.

Did God harden Pharoah's heart because God wanted to illustrate that even if our heart is hard, we can still make choices about how we behave? It is the job of a leader to lead by example; there are many leaders that don't.

What is important, is that however we interpret this phrase we should reflect that as the world has been marking Holocaust Memorial Day that we do not have hardened hearts when it comes to matters of racism and the suffering of others.

Important Dates

SPRING TERM 2025

Monday 6th January 2025 - Friday 4th April 2025

HALF TERM (School closed) - Monday 17th February 2025 - Friday 21st February 2025

Last Day of Spring Term - Friday 4th April 2025 (Early closure 1:20pm)

Spring Holiday - Monday 7th April 2025 - Monday 21st April 2025

Term Dates

Please click on the icon for **2024 - 2025** Term Dates -

Please click on the icon for **2025 - 2026** Term Dates -

Parents Evening, Assessment, Reports

Year Group	Parents Evening	Mid-year Assessment	Progress Report 1	End of year Assessment	Progress Report 2
7	24th April 2025	10th - 21st March 2025	4th April 2025	9th - 20th June 2025	3rd July 2025
8	20th March 2025	27th January - 7th February 2025	27th February 2025	12th - 23rd May 2025	13th June 2025
9	13th February 2025	6th - 17th January 2025	30th January 2025	21st April - 2nd May 2025	15th May 2025
10	6th March 2025	27th January - 7th February 2025	27th February 2025	23rd June - 4th July 2025	17th July 2025
Year Group	**Parents Evening**	**Mock Exams**	**Progress Report 1**	**Mid-year assessment**	**Progress Report 2**
11	9th January 2025 (on-site)	18th - 29th November 2024	19th December 2024	24th Feb - 7th March 2025	20th March 2025
13	6th February 2025 (on-site)	18th - 29th November 2024	19th December 2024	24th Feb- 7th March 2025	20th March 2025

Holocaust Memorial Day Events

Last week, our school had the immense honour of hosting three deeply impactful talks with Holocaust survivor Ivor Pearl for year 9 and 10, followed by Hephzi Rudovsky, daughter of Holocaust survivor Lady Zahava Kohn for year 11 and Michael Bribing, son of Harry Bibring another Holocaust survivor who came to Britain on the Kindertransport for the Sixth form. These events were an extraordinary opportunity for our students and community to hear firsthand accounts of resilience, courage, survival and the importance of remembrance.

Talk with Holocaust Survivor Ivor Perl
Year 9 and 10

Ivor Perl shared his personal journey through the horrors of the Holocaust and life at Auschwitz concentration camp, offering invaluable insights into the strength and courage required to endure such unimaginable hardship. His testimony was both heartbreaking and inspiring, reminding us all of the importance of preserving the memory of those who suffered and perished during this dark chapter of history. Students in year 9 and 10 asked excellent questions and engaged superbly with the talk with Ivor and his granddaughter Lia.

Talk with Hephzi Rudovsky, daughter of Holocaust survivor Lady Zahava Kohn

Year 11

Hephzi Rudovsky, from a daughter's perspective, spoke about her mother's experiences as a survivor of the Bergen-Belsen concentration camp and the impact of trauma across generations. Her reflections emphasised the lasting effects of survival, the need for healing, and the power of family bonds in overcoming adversity.

Talk with Michael Bibring, son of Holocaust survivor Harry Bibring

Sixth Form

Michael Bribing, too, spoke passionately about his father's story, highlighting the legacy of survival and the imperative of ensuring that future generations never forget the atrocities of the Holocaust.

These talks not only educated our students about the historical realities of the Holocaust but also sparked deep reflections on empathy, tolerance, and the role we each play in preventing hatred and discrimination. We are truly grateful to Ivor and Lia, Hephzi and Michael for sharing their personal histories with us and for leaving an indelible mark on our hearts and minds. Their words will continue to resonate, inspiring us to honour the past and work towards a more compassionate future.

Holocaust Memorial Trust of Epping Forest

On Sunday 26th January we had the privilege of watching four of our students speak about Holocaust Memorial Day at the Loughton Memorial arranged by the Holocaust Memorial Trust of Epping Forest. Our students **Lily Miller**, **Alex Keller**, **Noa Rosenbloom** and **Zachary Poole** all spoke incredibly powerfully about the importance of marking this day and the lessons to be learnt.

Holocaust Memorial Service - Valentines Park

On Monday 27th January we were honoured to watch our students speak at the Redbridge annual Holocaust Memorial Service at Valentines Park alongside prominent members of our community including Rabbi Sufrin, the Mayor of Redbridge, Councillor Sheila Bain, Leader of the Council, Kam Rai and MP for Ilford North, Jas Athwal. The Rt Honourable Wes Streeting, MP for Ilford North and Secretary of State for Health and Social care, was also in attendance.

Our students **Ava Rose**, **Ethan Clerck**, **Joshua Saltman** and **Daniella Vajushi** joined speakers from Clore Tikva and WIJPS to talk about their hopes for a brighter future and how we should all aim to leave a positive mark on the world.

Well done to all those students who spoke so eloquently!

Absnt Mind

Today we had the privilege of inviting boy band Absnt Mind to perform to our students in year 9 and 10. They band were formed 2 years ago and enjoy performing to schools with the aim of spreading joy but more importantly to raise awareness about mental health. After performing a number of songs, including their debut single 'No Strings', they spoke about their own experiences at school and how they overcame challenges. They offered great advice to our students and gave some useful tips for those looking to peruse a career in performing arts. A very positive way to finish the week!

Sports News

Year 11 Football - King Solomon High School vs Forest Academy

3 – 1

On Thursday 16th January, our year 11 boys football team took on Forest Academy. It was a tough match with KS coming from a goal down to eventually edge the contest 3-1, with goals from **Davanii Johnson-Taylor**, **Davor Nikoloski** and **Ryan Awad**. The team showed great resilience and team spirt to overturn the one nil deficit and go on to win the game although, Mr. Walmer argues it was his tactical intervention! Students and staff came to show their support, creating a great atmosphere.

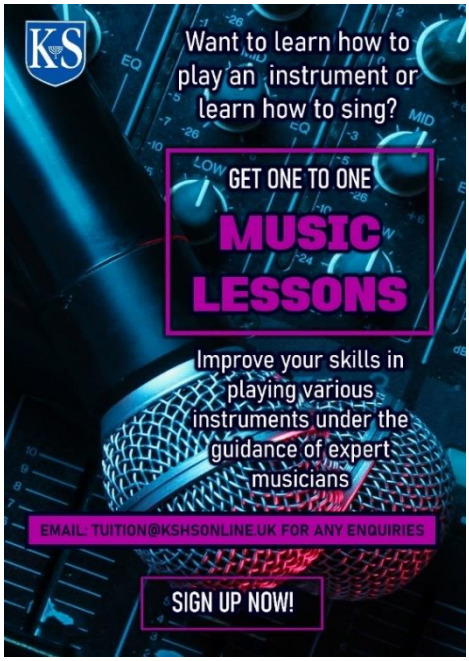
Well done to the entire Year 11 football squad:

Harrison Lewis, Elijus Gadeikis, Rafi Salahi, Mason Tea, Harry marks, Kai Shaw, Kallum Isaac, Ryan Awad, Davanii Johnson-Taylor, Davor Nikoloski, Harry Gladstone, Zack Steinberg, Roni Ben-Shir and **Oskar Koira.**

Performing Arts

LAMDA Public Speaking/Acting tuition and Music tuition

At King Solomon High School, we offer both LAMDA Public Speaking/Acting tuition and Music tuition. There are so many benefits for your child to engage in one-to-one tuition. If you would like to know more about it or would like your child to sign up, please refer to the posters below and email Miss Mallach on tuition@kshsonline.uk.



Art

Royal Academy Young Artist's Summer Show 2025

Now in its seventh year, the Young Artists' Summer Show is a free, open submission exhibition for students aged 4-18 studying in the UK. Artworks are judged by a panel of artists and arts professionals, with selected artworks displayed online and on-site at the Royal Academy of Arts.

Each student can submit one artwork and there is no theme. The artwork can be made using any material; it can be a painting, sculpture, photograph, installation, video, drawing, or a combination. When you enter, you will be asked for an image of the artwork plus some information about the piece such as title, size, and some text which can include why you created the work and what it means to you. The panel of judges will see the artwork and the selected pieces will be shown in the Royal Academy's online exhibition. Some of the artworks will also be shown at the Royal Academy of Arts. Additionally, there are prizes awarded each year for inspiring artworks. You can also vote for your favourite artwork in the annual People's Choice Award.

The deadline for submissions is 5 March 2025.

If you are interested in entering a piece of work, please speak to Miss Shepherd in the Art Department or email her at **gshepherd3.317@kshsonline.uk**.

For more information click on the following link - **Royal Academy Young Artists' Summer Show**

SEND
Send Coffee Morning - 23rd January

Last week we hosted our first SEND Coffee Morning. There was a great turnout with parents representing students from across all year groups. We shared our current SEND structure and teaching strategies. Parents were introduced to SEATTS, a Redbridge service who are working in partnership with King Solomon, who gave a short presentation.

Our next Coffee Morning is planned for 27th March where we will have a representative from the Redbridge SEND team coming in to speak to parents. Redbridge Council is working on our SEND Strategy and we want your input. We want parents from across the Borough to share their experiences, thoughts and ideas. Your contributions will help us in setting our priorities and shaping our strategies to ensure that all students with SEND can achieve their full potential.

Please join us for our next Coffee morning on 27th March. Information on how to book a space will be shared in the coming weeks.

To find out more about SEATTS, scan the QR code below or you can follow them on their various social media platforms.

EPT's Upcoming free events for SEND parents and carers

Redbridge SEND Parents & Carers Therapeutic Art Sessions

FREE Creative Workshops For SEND Parents

BARKINGSIDE ART CLUB

Creative Dates & Themes

30th January: Acrylic Painting – Unleash your inner artist with bold colors and brushstrokes.
27th February: Clay Art – Get hands-on and shape your imagination into reality.
24th April: Watercolors – Let the colors dance and flow to create dreamy masterpieces.
8th May: Printmaking – Roll, press, and stamp your way to artistic glory.
5th June: Oil Pastels – Blend, smudge, and bring your visions to life.
10th July: Drawing & Painting – Mix, match, and showcase your creativity in a mini exhibition.

Time: 10:30 AM – 12:30 PM
📍 Location: Fullwell Cross Library, Hainault Room

About Event:

Soul Studio, by Afora CIC and Barkingside Art Club, is a free monthly project for Redbrisge SEND parents to relax, create, and connect. This judgment-free space is all about celebrating your journey, expressing yourself through art, and building meaningful connections.
Come unwind, share, and shine—you deserve it!

What to Expect:

Relax, Create, Connect
Sip tea, enjoy snacks, and unwind in a calm, welcoming space.
Create art, share laughs, and connectt with EPT team & fellow SEN parents.
Guided by Eliyah Qureshi, artist, educator, and fellow SEN mum who truly understands your journey.

Why Join?

Learn new art techniques.
Enjoy therapeutic creativity.
Connect with understanding parents.
Celebrate SEND resilience.
Grow artistic confidence.

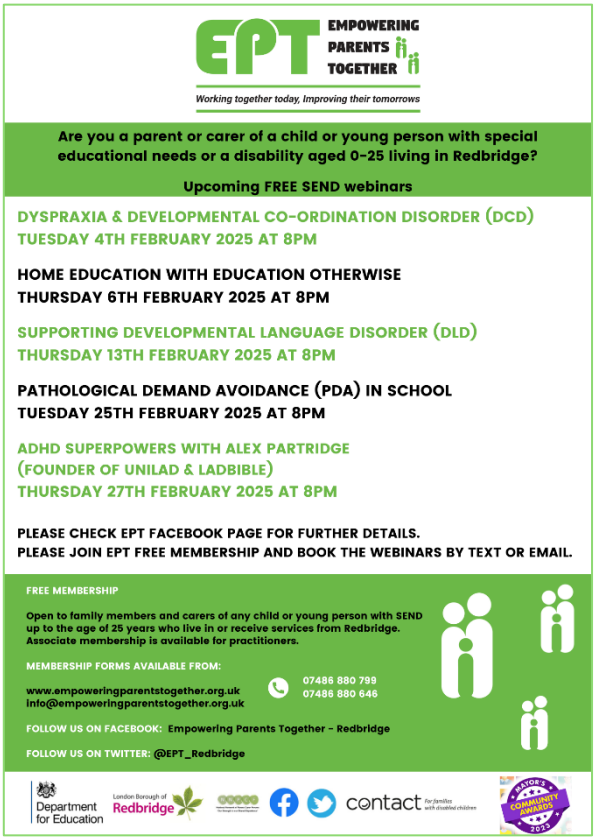
Book Now

ART FOR ARTIST CIC

FREE Entry – Limited to 20 participants (so book early!
Reserve Your Spot: Contact EPT info@empoweringparenttstogeetther.org.uk
Call EPT 07486880646 Or Call Eliyah 07889829218!
Don't miss the fun – see you there!

EPT EMPOWERING PARENTS TOGETHER
Working together today, Improving their tomorrows

EMPOWERING PARENTS TOGETHER
Working together today, Improving their tomorrows
FREE PARENT ONLINE WORKSHOP
WHAT IS NEURODIVERSITY?
Part of the Partnerships for Inclusion of Neurodiversity in Schools (PINS) Project in Redbridge in collaboration with EPT
Learn about Autism, ADHD, Dyslexia, Dyspraxia, Tourette's, and more!
Join Eva Freytas-Sanchez (Redbridge Strategic Lead for Autism) for an online workshop on:
• What is Neurodiversity?
• Question & Answer Session
Open to all parents at Mayespark Primary and Manford Primary
This training has been extended to all SEND parent carers in Redbridge
MONDAY 3rd February 2025
Time: 7.30pm - 9.30pm
Booking link: https://EPTPINS.eventbrite.co.uk
Contact details for free membership and forthcoming events
www.empoweringparentstogether.org.uk
info@empoweringparentstogether.org.uk
07486 880 799 & 07486 880 646
FACEBOOK: Empowering Parents Together - Redbridge
DON'T MISS OUT!
Department for Education
London Borough of Redbridge
contact


EMPOWERING PARENTS TOGETHER
Working together today, Improving their tomorrows
Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?
Upcoming FREE SEND webinars
DYSPRAXIA & DEVELOPMENTAL CO-ORDINATION DISORDER (DCD)
TUESDAY 4TH FEBRUARY 2025 AT 8PM
HOME EDUCATION WITH EDUCATION OTHERWISE
THURSDAY 6TH FEBRUARY 2025 AT 8PM
SUPPORTING DEVELOPMENTAL LANGUAGE DISORDER (DLD)
THURSDAY 13TH FEBRUARY 2025 AT 8PM
PATHOLOGICAL DEMAND AVOIDANCE (PDA) IN SCHOOL
TUESDAY 25TH FEBRUARY 2025 AT 8PM
ADHD SUPERPOWERS WITH ALEX PARTRIDGE
(FOUNDER OF UNILAD & LADBIBLE)
THURSDAY 27TH FEBRUARY 2025 AT 8PM
PLEASE CHECK EPT FACEBOOK PAGE FOR FURTHER DETAILS.
PLEASE JOIN EPT FREE MEMBERSHIP AND BOOK THE WEBINARS BY TEXT OR EMAIL.
FREE MEMBERSHIP
Open to family members and carers of any child or young person with SEND up to the age of 25 years who live in or receive services from Redbridge.
Associate membership is available for practitioners.
MEMBERSHIP FORMS AVAILABLE FROM:
www.empoweringparentstogether.org.uk
info@empoweringparentstogether.org.uk
07486 880 799
07486 880 646
FOLLOW US ON FACEBOOK: Empowering Parents Together - Redbridge
FOLLOW US ON TWITTER: @EPT_Redbridge
Department for Education
London Borough of Redbridge
contact

EMPOWERING PARENTS TOGETHER
Working together today, Improving their tomorrows
Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?
Upcoming FREE events
DATE: MONDAY 3RD FEBRUARY 2025
TIME: 7.30PM TEAMS ONLINE TRAINING
TOPIC: WHAT IS NEURODIVERSITY? (AUTISM EDUCATION TRUST)
BOOKING LINK: HTTPS://EPTPINS.EVENTBRITE.CO.UK
London Borough of Redbridge
DATE: THURSDAY 13TH FEBRUARY 2025
TIME: 10AM - 12PM
VENUE: ALBERT ROAD CHILDREN'S CENTRE, ILFORD, IG1 1HL
TOPIC: AUTISM AND TOILETING (AUTISM EDUCATION TRUST)
DATE: WEDNESDAY 26TH FEBRUARY 2025
TIME: 10AM - 12PM
VENUE: TO BE CONFIRMED
TOPIC: STRATEGIES FOR NEURODIVERGENT CHILDREN
DATE: THURSDAY 27TH FEBRUARY 2025
TIME: 10.30AM - 12.30PM
VENUE: FULLWELL CROSS LIBRARY, BARKINGSIDE, IG6 2EA
TOPIC: CREATIVE WORKSHOP WITH BARKINGSIDE ART CLUB
BOOKING LINK: HTTPS://EPTART.EVENTBRITE.CO.UK
FREE MEMBERSHIP
Open to family members and carers of any child or young person with SEND up to the age of 25 years who live in or receive services from Redbridge.
Associate membership is available for practitioners.
MEMBERSHIP FORMS AVAILABLE FROM:
www.empoweringparentstogether.org.uk
info@empoweringparentstogether.org.uk
07486 880 799
07486 880 646
FOLLOW US ON FACEBOOK: Empowering Parents Together - Redbridge
FOLLOW US ON TWITTER: @EPT_Redbridge
Department for Education
London Borough of Redbridge
contact

Safeguarding Contacts

If you are concerned about your child's wellbeing or the wellbeing of any other student at King Solomon High School, please contact the school on 020 8498 1331 or email the DSL at safeguarding@kshsonline.uk. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Redbridge Children's Multi-Agency Safeguarding Hub (MASH) on 020 8708 3885, and all the police on 999 straight away.

Helpful numbers and websites

- **Childline**: 0800 1111
- **NSPCC Helpline**: 0808 800 5000
- **The Police**: (if you are in danger): 999.
- **LGBT Switchboard**: 0300 330 0630
- **Kooth**: **www.kooth.com** - support service for student's wellbeing
- **Multi Agency Safeguarding Hub (emergency team)**: 020 8496 3000
- **Barnardos**: 0800 008 7005

Let us know . . .

- If you feel upset or worried about anything at all (even if you think it is not important)
- If you feel anxious or unable to cope
- If someone has hurt you physically, emotionally, or mentally.
- If you feel upset or worried about anything at all (even if you think it is not important)
- If you feel worried about someone at home
- If you are being threatened or forced to do things
- If someone has done something to you without your consent
- If you feel unsafe in school, at home or on the streets
- About anything else worrying you

Student medical needs

If your child needs to take regular medication in school, please request a **Medicines Consent Form** from the Admin office to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.

Should your child have an accident inside or outside of school that requires them to attend A&E, please inform the school as soon as possible as a Risk Assessment Meeting may need to be arranged. Any new medical conditions also need to be reported to Mrs Levy (Welfare/Safeguarding Officer).

Mental Health and Wellbeing

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health, please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place **a 24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline

NHS

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590