King Solomon High School Newsletter

24 June 2025, 28 Sivan 5785

Dear Parents and Carers,

What an eventful and emotional two weeks it has been.

Last week our Year 11 and Year 13 students had joyous and emotional farewell assemblies. We were very impressed with all the unique and beautifully designed shirts Year 11 students wore. I wish our wonderful students a life of success, happiness and integrity. We look-forward to seeing all Year 11 and Year 13 students on results to celebrate their successes. We will also see Year 11 at prom this week. I cannot wait to see the suits and ballgowns!

I am dedicating this fortnight's newsletter to some of our exceptional students.

Year 9 - Yonatan Saltman, Luca Nathan, Aaron Blitz and Charlie Levy

The students listed above have shown exceptional community spirit by taking under their wing a student who recently joined the year group. Not only did they go out of their way to make the new

student feel welcome at school, they also extended that warmth beyond the classroom by inviting the new student for a Shabbat experience at Chigwell Synagogue. Hearing about this has made me so incredibly proud of these wonderful students. Their thoughtfulness and generosity of spirit reflect everything we stand for as a school; learning, charity and community. They have also shown what it truly means to be a mensch (a person of integrity) - kind, caring, and deeply respectful of others. I am sure we can all relate to the experience of being the new person at work or at school and feeling a little out of place. Thanks to Yonatan, Luca, Aaron and Charlie, a new student at King Solomon High School has been made to feel part of a new community. This is an experience I am sure will stay with him for a lifetime. I hope that we all take much inspiration from these wonderful students. Kol Hakavod ***כל הכבוד*** (all the honour) to the parents of these four boys for raising such wonderful young men.

Year 7 - Ralph Kott

Please read further on in the newsletter to find out more about the inspirational Ralph Kott, who raised an outstanding £4,000 for *The Dream Factory*, a charity that supports young people with life-limiting conditions. Ralph's generosity and determination makes him an excellent role model to his peers, and I am incredibly proud that he is a member of our school community. Ralph's efforts have made a real difference in the lives of others.

Year 7 & 8 - Maths Challange

Congratulations to the gold winners of the UK Maths Trust challenge

Zachary Poole, Tahir Rashid, Elijah Zlatkovsky, Daniel Szybiak, Brodie Schiffman and Matas Mendelis.

Year 9 &10 - Athletics

Congratulations to all medallists from our recent athletics coemption. Thank you for representing the school so proudly. Your hard work and dedication is commendable.

Jackson Wade, Dean Sheikh, Shalom Prince, Alfie Vajushi, Ernesta Butko, Maxwill Possy-Berry and Lucia Vajushi

Year 10 - Adwaaith Shanmugha Sundharam

Adwaaith has been mentioned in a previous newsletter for his exceptional cricket skills and success. He had the honour of leading the England Lions Team in the 8th edition of the Hundred Blaze. Adwaaith also had great success in captaining the Midlands Cricket School in their recent match against Derbyshire County Cricket Club. Adwaaith's success is an inspiration to his peers and he is a shining example of what can be achieved through hard work and passion. Adwaaith's involvement in

cricket is also a celebration of culture and community. We are all incredibly proud of him and we will continue to follow his progress with great interest and admiration.

We have two fantastic events coming. Our annual **art exhibition** is on Wednesday 9th July from 4.00-7.00pm. Our **performing arts showcase** is on 16th July at 5.00pm. Please read on in the newsletter for further details.

I am sure you will all agree that there is so much to celebrate and be proud of here at King Solomon High School. Let us all share and celebrate these successes.

Thank you for your support.

Ms Phillips

Headteacher

Parasha Reflections - Mrs Juggler

This week in synagogue we read parasha Shlach. In this parasha contains the incident that caused a generation to die in the wilderness and the Israelites wandering for forty years. The parasha begins with a spy being selected from each of the twelve tribes to go and scout out the land of Canaan before the Israelites prepare to enter. On their return they report that the land will be impossible for them to inhabit; the people are giants are just one of the claims that ten of the spies make. The Israelites believe them and are angered by the fact that G-d and Moses have led them to this land which is going to be impossible to live in. As a result of this, G-d determines that this generation of slaves are not ready to settle in Canaan and instead, it will be their children who receive that honour. What can we learn from this story? On the face of it, it seems like a very harsh punishment for a simple mistake. After all, how easy is it to go with the majority opinion even when it goes against instinct? It is much more difficult to be the optimist in a sea of pessimism. But there are important life lessons for our students who face many challenges. Standing up to a majority opinion is always difficult but the two spies, Caleb and Joshua, who gave positive reports were rewarded for their willingness to stand out from the crowd. In addition to this the way Joshua reframes the conversation illustrates how sometimes all we need is someone with a different perspective. Yes. It will be tough he tells the Israelites, but it will be worth it, and G-d will support us. Teachers are ultimately here to help students face the academic challenges that are thrown at them during school life. Our children need to channel their inner Caleb and Joshua to support them in their successes.

Important Dates

SPRING TERM 2025

Last Day of the School Year - Tuesday 29th July 2025. Early closure (1:30pm)

Term Dates

Please click on the icon for **2024 - 2025** Term Dates -

Please click on the icon for **2025 - 2026** Term Dates -

Parents Evening, Assessment, Report

Year Group	End of Year Assessment	Progress Report 2
7		3rd July
10	23rd June - 4th July	17th July

Extra-Curricular Clubs

We are excited to inform you that we are offering the following after school clubs:

Club	When	Sign Up
Athletics Club	Monday 3:20 pm - 4:20 pm	https://forms.office.com/e/vSCC4J0QEj
Hip-Hop/Street Dance Club	Wednesday 3:20 pm - 4:20 pm	https://forms.office.com/e/KxcLbPT2Qk
Contemporary Dance Club	Thursday 3:20 pm - 4:20 pm	https://forms.office.com/e/C1hJfYW5K6

If you would like your child to participate, please complete the sign-up form and provide your consent using the links listed in the table above. Please ensure that you complete the form prior to your child attending the club. Your child must bring in KSHS PE kit to participate.

After the club, students will be dismissed from main reception at 4:20pm.

If you have any questions about athletics club please contact Mr Larkin (Head of PE) on - rlarkin9.317@kshsonline.uk or for dance clubs please contact tuition@kshsonline.uk.

Fundraising for The Dream Factory - Ralph Kott (Year 7)

On Saturday 7th June, Year 7 student Ralph Kott took part in an 11 mile walk between three London football stadiums, the London Stadium, Tottenham Hotspur Stadium and the Emirates Stadium. Ralph undertook this fantastic challenge to raise money for charity to mark his Bar Mitzvah and in honour of his beloved Grandma (Gaga), who sadly passed away just over a year ago.

Ralph managed to raise £4000 and did so for the charity The Dream Factory whose aim is to brighten the lives and encourage hope for children and young adults aged between three and twenty-five years who have life-limiting or life-threatening conditions and / or severe disabilities by way of granting wishes and dreams.

Congratulations on your fantastic fundraising achievement!

Ralph's Bar Mitzvah takes place in a few months' time. Best wishes and Mazel Tov to Ralph as he begins his journey into Jewish adulthood.

Ralph pictured below with Olympic, 2 x World and Commonwealth 400m Champion, Chrstine Ohuruogu.

Events

Summer Exhibition 2025

King Solomon High School's annual summer exhibition takes place on Wednesday 9th July from 4:00pm - 7:00pm. Come and celebrate the creativity, dedication and talent of our GCSE and A Level art and photography students.

If you and your guests would like to attend, scan the QR code on the flyer below or click the following link to fill out the form - **Summer Exhibition 2025 - Form**

Performing Arts Showcase 2025

On the 16th of July, the Performing Arts department will be hosting their annual Performing Arts showcase. We are so excited to welcome you all back to the school for this incredibly special evening. The event will showcase the best talent the school has to offer with performances from our Performing Arts dance clubs, individual performances, our distinction level LAMDA students, KS4 students and so much more.

The event will run from 5:00pm - 7:00pm and will take place in the school hall. The cost is £4 per ticket, with a maximum of five tickets per student. If you would like to attend, please fill out the below form and pay for your ticket on Scopay under products.

Performing Arts Showcase 2025 - Form

It is imperative that the form is filled out so we can ensure everyone fits comfortably into the hall and that we have enough refreshments for everyone.

If you would like any further information, please email Miss Mallach on tuition@kshsonline.uk. We look forward to seeing you on the 16th and welcoming you back for this very special occasion!

Sports News

District Athletics

Our Year 7,8,9 and 10 athletes have been in action over the last couple of weeks, taking part in the District Athletics Competitions held at Ashton's Playing Field with Year 7 and 8 competing on the 12th June and Year 9 and 10 on the 17th.

The students competed against the majority of other schools in the Borough in a number of events including, sprinting, hurdles, javelin, shot putt, long jump, high jump and more.

Congratulations to the following students who medalled in their events -

Name	Year	Event	Position
Rhylee Langham	8	Javelin	1st
Nickita Iancu-Lucuta	8	High Jump	1st
Jackson Wade	9	800m	2nd
Dean Sheikh	10	800m	1st
Shalom Prince	10	200m	1st
Alfie Vajushi	10	1500m	2nd
Girls Relay Team - Shalom Prince, Ernesta Butko, Lucia Vajushi and Maxwill Possy-Berry	10	4x100m Relay	2nd
Ernesta Butko	10	High Jump	3rd

The amazing medal contributions of our Year 10 athletes meant that King Solomon finished 4th overall out of 20 schools, which is a fantastic achievement!

Well done to all the students that took part and represented the school brilliantly, displaying an excellent attitude and competitive spirit.

A big thank you to Mr Larkin, Ms Van Graan, Mr Palmer and Mrs Marks for facilitating these competitions.

A special mention goes to Rhylee Langham who broke the Year 8 District record for Javelin to win gold!

District Athletics - Year 7 and 8

District Athletics - Year 9 and 10

Leavers Day 2025

Year 11 and Year 13

Last week we said goodbye to our Year 11 and 13 students as they set off on their summer break before beginning their exciting next chapters. Here are a few words from their Heads of Year, Mr Palmer and Miss Karlsson.

Our Year 11 Leavers Assembly was a heartfelt and inspiring occasion, marking the end of an important chapter for the Class of 2025. The assembly brought students and staff together to reflect on their journey, celebrate achievements, and look ahead to the exciting future that awaits.

The event featured speeches, a look back at memorable moments through photos and special awards recognising effort, progress, and character. Staff shared personal messages and well wishes, offering encouragement as students prepare to take their next steps. Year 10 performed a guard of honour clapping year 11 off site for their final time.

It was a joyful and reflective send-off, filled with laughter, a few tears, and a deep sense of pride in all that this year group has accomplished. We wish every one of our Year 11 students continued success and looked forward to one final celebration at Prom on Thursday 26th June.

Mr Palmer (Head of Year 11)

Last Friday, the Sixth Form Team bid a fond farewell to our wonderful Year 13 students with a heartfelt and memorable send-off. The event, led by Mr Kooyman and I, began with refreshments and a chance for students and staff to catch-up. I then took the Year 13s on a nostalgic journey back to their very first day at King Solomon in Year 7, a time when our students were smaller in stature but often burdened with oversized backpacks. As I shared each student's Year 7 photo and reflected on collective memories from their time at the school, it was a time for much laughter and emotion and was a personal moment that reminded everyone just how far they had come.

The celebration also honoured individual achievement and growth through the presentation of Subject Champion Awards, recognising effort, progress, and character. From 1:20pm, Year 13 teachers joined the event to deliver farewell messages and offer words of advice as students prepare for the future. A highlight of the afternoon was a light-hearted video featuring a special skit by Mr Kooyman and I, who (with enthusiasm and somewhat questionable acting skills) portrayed two Sixth Form students navigating life at King Solomon in a series of amusing scenes.

It was a fitting way to celebrate, thank, and send off our Year 13's, recognising their hard work, resilience, and the role they've played in shaping our school community. While they will be greatly missed, we look forward to welcoming them back on Results' Day to celebrate the next chapter of their journey.

Year 11 Leavers Day - 19th June 2025

Year 13 Leavers Day - 20th June 2025

UK Maths Trust - Junior and Intermediate Maths Challenge

The UK Maths Trust is the leading British charity that advances the education of young people in mathematics.

The UK Maths Trust coordinates national and international maths challenges for young people.

This academic year, King Solomon High School students took part in both the Junior and Intermediate Maths Challenge. The Junior Challenges are aimed at students in year 8 and below whilst the Intermediate Challenges are aimed at students year 11 and below. These Maths Challenges are designed to challenge and engage students through problem-solving and reasoning.

Our Year 7 and 8 students took part in the Junior Challenge and received 24 awards whilst our year 9 and 10 students took part in the Intermediate Challenge and received 50 awards!

A special mention must go to **Zachary Poole, Tahir Rashid, Elijah Zlatkovsky, Daniel Szybiak, Brodie Schiffman** and **Matas Mendelis** who all achieved gold awards thereby qualifying for the further award which they all took part in.

All of the students that took part displayed an excellent attitude during the preparation for the maths challenge and the maths department looks forward to more students taking part in the Maths Challenges next year.

Get to Know

Mrs Laura Marks

Hello, my name is Laura Marks, and I have worked at King Solmon High School for 7 and a half years! I have performed a number of different roles within the admin team since working at the school including marketing and admissions.

The aspect of my role that I enjoy the most is the variety that my job has to offer. One minute I can be liaising with a parent on the phone, then assisting a student, booking a trip, organising certificates for assemblies or even driving the minibus! Every day is different and hats what makes my role exciting.

Outside of school I enjoy socialising with friends and family, attending Pilates classes and shopping!

An interesting fact about me is that in 2018, I ran the London Marathon after my eldest daughter Chloe entered me into the ballot, and I received a place. I raised almost £10,000 for an amazing charity called Chana who help families experiencing fertility issues.

My hope for the future is to see more love and less hate in the world. I want to see those around me chase whatever dreams they may have, watch them succeed and strive to reach their full potential.

Redbridge Summer HAF Clubs

The Holiday Activities and Food Programme is a national programme funded by the Department for Education (DfE). It is provided for those in receipt of benefits-related Free School Meals and those that the borough has assessed as being in need, at risk or vulnerable.

Local authorities have discretion to use up to 15% of their funding to provide free or subsidised holiday club places for children who are not in receipt of benefits-related free school meals but who the local authority believe could benefit from HAF provision.

See flyers below for more information

Water Safety

With more people enjoying outdoor spaces due to the warmer weather, we have unfortunately seen an increase in people getting into difficulty in open waters.

Swimming in open water is risky for everyone, even those who are strong swimmers. There are many hidden dangers in open water, from objects you can get caught on, cold water shock and not being able to climb out. If you're looking for somewhere to swim, please head to a swimming pool, lido or designated space for swimming where it is safe.

Don't take risks and risk your life. No one can see you to save you.

Below is a link to a short video produced by the Metropolitan Police stressing the importance of Water Safety.

Click the play button in the centre of the image to view the video.

Safeguarding Contacts

Designated Safeguarding Lead - Miss Davies (Associate Assistant Headteacher).

If you are concerned about your child's wellbeing or the wellbeing of any other student at King Solomon High School, please contact the school on 020 8498 1331 or email the DSL at **safeguarding@kshsonline.uk**. This email address can also be used for students, parents and carers to share any safeguarding concerns or to request support.

If you are concerned that a child has been harmed or is at risk of being harmed and school cannot be contacted, please contact Redbridge Children's Multi-Agency Safeguarding Hub (MASH) on 020 8708 3885, and all the police on 999 straight away.

Helpful numbers and websites

- **Childline**: 0800 1111
- **NSPCC Helpline**: 0808 800 5000
- **The Police**: (if you are in danger): 999.
- **LGBT Switchboard**: 0300 330 0630
- **Kooth**: **www.kooth.com** - support service for student's wellbeing
- **Multi Agency Safeguarding Hub (emergency team)**: 020 8496 3000
- **Barnardos**: 0800 008 7005

Let us know . . .

- If you feel upset or worried about anything at all (even if you think it is not important)
- If you feel anxious or unable to cope
- If someone has hurt you physically, emotionally, or mentally.
- If you feel upset or worried about anything at all (even if you think it is not important)
- If you feel worried about someone at home
- If you are being threatened or forced to do things
- If someone has done something to you without your consent
- If you feel unsafe in school, at home or on the streets
- About anything else worrying you

Student medical needs

If your child needs to take regular medication in school, please fill in a **Medicines Consent Form** and hand in to Student Services to give the school consent to administer medication to your child. All medications that are kept in school must be stored in the medical room.

Should your child have an accident inside or outside of school that requires them to attend A&E, please inform the school as soon as possible as a Risk Assessment Meeting may need to be arranged. Any new medical conditions also need to be reported to Mrs Levy (Welfare/Safeguarding Officer).

Mental Health and Wellbeing

We are continuously working hard to improve our understanding as a community of mental health, to enable us to provide the best possible outcomes for the young people in our lives. If you are ever concerned that your child is at risk due to very poor mental health, please inform the school. You can also contact one of these numbers to seek support from a specialist. The Crisis line is there to offer guidance if your child may be having suicidal thoughts and is possibly in immediate danger. If you do ever find yourself in a position where you need to use these resources for your child, please make the school aware so we can provide appropriate support within school for your child.

Urgent mental health support - 24/7 crisis lines

Every mental health trust in London has put in place **a 24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline

NHS

Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590